## MONTHLY NEWSLETTER OCTOBER 2023





## TRICK OR TREAT!

With Halloween around the corner, we have included some tips and games to ensure you have a safe but fun Halloween.

Head to page 3 for more information



### Joke of the Month

"Which monster is the best dancer?"



#### **PTBL BIRTHDAYS**

We wish everyone who has an upcoming birthday this month a VERY Happy Birthday and we hope that you enjoy your special day!

Halen 6th

**Drew8th** 

Christine 11th

Jonah 13th

Tanya 22nd

Bodhi 25th





## **COMMUNITY EVENTS**





#### **Oktober Fest**

When: Friday 6th October 2023

Where: 54-68 Gollan Drive, Tweed Heads, NSW

Time: 7:30pm (Free)

#### **Still and Barrell Karaoke**

When: Thursday 12th October (Fortnightly)

Where: 1 Wharf Street, Tweed Heads, NSW, 2485

Time: 8:00pm (QLD) (Free)





### Sausage Sizzle

When: Every Friday!

Where: 156 Chinderah Bay Drive, Chinderah, NSW

Time: 3:00pm (Free)







#### **Fun Halloween Games**

#### **Snap Apple / Donut**

**≈00**₹

Hang an apple/donut for each player playing from a string and hang it from a height where each player can reach them. Set a timer for 2 minutes. Each player then begins to try and take bites out of the apple/donut with their hands behind their backs. The person with the most bites wins.

#### **Mummy wrap**

Gather a pile of paper towels or old newspapers and divide all players into even teams and pick a designated mummy. Start a timer for 5 minutes. All other team members must race to "dress the mummy" using paper towel/newspaper. The team with the most wrapped mummy wins.

#### Treasure hunt in the dark

Gather wrapped candy eyeballs, fake spiders and other spooky objects. Hide the spooky objects in the garden/around the house. Give each player/team a torch and let the hunt begin. The player/Team with the most spooky items wins.

#### **Safety Tips**

- Be visible Wear reflective clothing or glowsticks
- Trick or Treat in neighborhoods that are familiar
- NEVER enter a stranger's home when Trick or Treating
- NEVER eat unwrapped candy or baked goods from strangers
- Always Trick or Treat with a friend, a group or an adult



# SEPTEMBER 2023 RECAP: PHOTO EDITION







What another amazing month smashing goals and living our better lives at Pathways!







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