



Monthly Newsletter

February 2023



Have you been bitten by the love bug?

Need some help with ideas on how to impress your significant other or have a successful galantines?

Don't stress! We have you covered!

Head to page 4 to find some fun ideas you can re-create this valentine's day!

BIRTHDAYS

We wish everyone who has an upcoming birthday this month a VERY Happy Birthday and we hope that you enjoy your special day!

Julie 4th

Caz 10th



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NDIS
PROVIDER

Website:

www.ptbl.com.au

Contact:

1300 702 845

Email:

hello@ptbl.com.au



Welcome Kimberly!



The Staff at PTBL would love to introduce you all to our newest PTBL member Kimberly!

Kimberly has joined our team as a Client Service liaison and will be working alongside us in the office and within the community with our participants and their families.

There is a good chance you have seen her face around the community as she had recently been running as a candidate in parliament and had been supporting local businesses during COVID and the community during the recent floodings we had.

We are so excited to have Kimberly join our team and can't wait for everyone to meet her.



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PTBL Partners

Pathways to Better Living have been fortunate to have crossed paths with many wonderful companies who provide a wide range of services. These businesses form the Pathways to Better Living network and are an invaluable resource to both us and/or our participants.

National February awareness dates

1st – 28th – Ovarian cancer awareness month

1st – 28th – FebFast – Pause for a Cause

1st – 28th – REDFEB Heart Research Month

4th – World Cancer Day

18th – International Asperger's Day

22nd – Teal Ribbon Day

28th – Clean up Australia Day



Being Mentors is founded by a team of mates who have grown up together in Darwin. They positively contribute to the wellbeing of people that are disadvantaged, disengaged, those with disabilities and those impacted by poor mental health issues. Being Mentors (BM) believe that all people regardless of ability can add significant and immeasurable value to our community. Being Mentors also act as a support mechanism for communities and individuals to truly advance and achieve their goals. For further information please contact Being mentors via:

email at qldadmin@beingmentors.com.au



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5 Valentine's Day ideas to impress your significant other or have a successful galantines Day!

1. Attend a drive in movie
2. Attend a paint and pour class together
3. Visit a flower field
4. Make a valentine's day themed charcuterie board
5. Create a valentines day themed basket with their favourite things



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SUPPORT WORKER OF THE MONTH

PTBL would like to recognise each member of our amazing Support Team. This month we would love to introduce Grace to everyone and say thank You for all your support and hard work



Grace has only recently joined our team at Pathways, but she has been amazing!

She is always will willing to try new things and has always put her hand up to help no matter the situation.

Grace has been a natural at support work due to her positive personality, her kindness, compassion and patience towards others.

When she isn't working, Grace enjoys being in the ocean, going on camp trips and attending music festivals.

Fun Fact – Grace is a fully qualified personal trainer, yoga and fitness enthusiast!

If you would like to find out more about Grace, please head over to our website to read her BIO or at 1300 702 845.



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