



# Monthly Newsletter

## January 2023

### National January awareness dates

1<sup>st</sup> New Year's Day

18<sup>th</sup> Ride to cure diabetes

26<sup>th</sup> Invasion Day/Survival Day

## Welcome 2023

We hope that everyone had a safe and joyful Christmas surrounded with those you love and may the coming year be full of grand adventures and opportunities!

## BIRTHDAYS

We wish everyone who has an upcoming birthday this month a VERY Happy Birthday and we hope that you enjoy your special day!

**Debbie 5<sup>th</sup>**

**Kane 6<sup>th</sup>**

**Scott 8<sup>th</sup>**

**Craig 14<sup>th</sup>**

**Amanda 16<sup>th</sup>**

**Callum 16<sup>th</sup>**

**John H. 29<sup>th</sup>**



Website:

[www.ptbl.com.au](http://www.ptbl.com.au)

Contact:

1300 702 845

Email:

[hello@ptbl.com.au](mailto:hello@ptbl.com.au)



## PTBL Partners

Pathways to Better Living have been fortunate to have crossed paths with many wonderful companies who provide a wide range of services. These businesses form the Pathways to Better Living network and are an invaluable resource to both us and/or our participants.

This month we would love to introduce Link Lane to everyone!



Link Lane offers a dedicated, holistic approach to Support Coordination that is focused on a 'whole of life' collaborative planning approach. Link Lane provide individuals with the time, access to information and linkages they need to work towards maximising their independent decision-making, choice and control around service provision and participation, on their journey towards achieving their identified and evolving goals.

For more information, please view their website at <https://linklane.com.au/> or contact them via:

Email: [hello@linklane.com.au](mailto:hello@linklane.com.au)

or

Phone: 0423 719 680 or 0493 202 170



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## SUPPORT WORKER OF THE MONTH

PTBL would like to recognise each member of our amazing Support Team. This month we would love to introduce Bodhi to everyone and say thank You for all your support and hard work

### Upcoming events this month

With each upcoming event this month we have decided to include ways in which we can celebrate / contribute / learn and educate each other during each event.

More information will be posted to our social media pages about each event as they approach.

**Ride to cure diabetes – 18<sup>th</sup>**

**Invasion Day – 26<sup>th</sup>**



Bodhi is an easy going and very friendly person who loves to bond with and get to know each of his clients.

Bodhi has a passion for helping others achieve their goals and creating new opportunities. He has been doing support work for over a year and has found it very rewarding to enhance the lives of others.

When he isn't working, Bodhi enjoys creating music, going to the gym and creating short films or music videos.

**FUN FACT:** Bodhi went to music school in Brisbane for 2 years!

**If you would like to find out more about Bodhi, please head over to our website to read his BIO or contact our office at 1300 702 845.**



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## The Longest Day



Janine (left) and her inspiration Justine (right)

Pathways would love to send out a huge thank you to everyone who donated money towards Janine and her team “mixed nuts” to fundraise for cancer research before and during the longest day.

Janine had felt inspired to fundraise during this event for one of our beloved participant’s Justine, who has been courageously dealing with her cancer diagnosis.

Their team had begun their day at 5.30am and didn’t finish until 7.46pm! After 14.25 hours of golf, besides feeling sore and tired, the team were feeling grateful for having the privilege to complete in such a worthy cause and are looking forward to participate in their next event.

All together their team had raised \$2,955 during this period and are feeling super thankful towards all who have donated.

