

## Monthly Newsletter August 2022

### UPCOMING BIRTHDAYS

We wish everyone who has a birthday this month a VERY Happy Birthday and we hope that you enjoy your special day

### National August awareness dates

1<sup>st</sup> – 7<sup>th</sup> August – Homelessness Prevention Week

1<sup>st</sup> – 7<sup>th</sup> August OCD and Anxiety Disorders Week

5<sup>th</sup> August – Jeans for Genes Day

7<sup>th</sup> – 13<sup>th</sup> August – National EOS Awareness Week

8<sup>th</sup> – 14<sup>th</sup> August – National Stroke Week

9<sup>th</sup> August – International Day of world's Indigenous People

26<sup>th</sup> August – Daffodil Day

### Michele 12<sup>th</sup>



Michele and Sharryn out for lunch

### JOKE OF THE MONTH

What does a cloud wear under his raincoat?

THUNDERWEAR!



## PTBL Partners

Pathways to Better Living have been fortunate to have crossed paths with many wonderful companies who provide a wide range of services. These businesses form the Pathways to Better Living network and are an invaluable resource to both us and/or our participants.



### Hastings Cove Holiday Apartments

Located on the Tweed Coast at Hastings Point, Hastings Cove is a great base to enjoy family holidays, with easy day trips and drives to Byron Bay, Ballina, Tweed Heads, the Gold Coast and the Northern Rivers and Gold Coast hinterlands.

Great for couples and families, Hastings Cove Waterfront Holiday Apartments are the quiet family getaway on the Tweed Coast, with fully furnished 2 bedroom self catering holiday units in landscaped grounds. It is only a short 150 metres stroll to the beach, with direct access to a sheltered estuary, you and the family can enjoy great fishing, and activities like swimming, snorkeling, sand castles, kayaking and surfing.

Thank you so much to Anne and Tony who are always very welcoming and accomodating to Pathways. We are so lucky to have come across such a lovely place.

For more information about Hastings Cove please visit their website: <https://www.hastingscove.com> or contact them via email or Phone:

Email: [info@hastingscove.com](mailto:info@hastingscove.com)

Phone: 02 6676 3999



**Website:**

[www.ptbl.com.au](http://www.ptbl.com.au)

**Contact:**

1300 702 845

**Email:**

[hello@ptbl.com.au](mailto:hello@ptbl.com.au)

## SUPPORT WORKER OF THE MONTH

PTBL would like to recognise each member of our amazing Support Team. This month we would love to introduce Kianu to everyone and say Thank You for all your support and hard work

### Upcoming events this month

With each upcoming event this month we have decided to include ways in which we can celebrate / contribute / learn and educate each other during each event.

More information will be posted to our social media pages about each event as they approach.

5th August – Jeans for Genes Day

26th August – Daffodil Day



Kianu is a positive and easy going person who has always wanted to help and make a difference in people's lives, which is why he has chosen to pursue a career in his dream job as an independent support worker. He loves to get to know his clients in order to help them achieve their goals.

When he isn't working Kianu loves spending time with family and friends and his dog Simon, going to the gym and engaging in outdoor activities.

Kianu is also trilingual, meaning that he speaks 3 languages! He can speak English, Spanish and Dutch.

If you would like to find out more about Kianu, please head over to our website to read his BIO or contact our office at 1300 702 845.