

### Monthly Newsletter - July 2022

### **UPCOMING BIRTHDAYS**

We wish everyone who has a birthday this month a VERY Happy Birthday and we hope that you enjoy your special day

Justine 15<sup>th</sup>

Jackson 16th

Kaina 23<sup>rd</sup>

## awareness dates

National July

July 12<sup>th</sup> -18<sup>th</sup> – National Blood Donor Week – Australian Red Cross Blood Service

July 18<sup>th</sup> – Black Leaders Awareness Day

July 23<sup>rd</sup> - World Sjogren's Day

July 28<sup>th</sup> - World Hepatitis Day

July 29<sup>th</sup> - Crazy Hair Day — Cystic Fibrosis





Lisa, Scott, and Justine with the horses at Winchester farms



Website: www.ptbl.com.au

Contact:

Email:

1300 702 845

hello@ptbl.com.au





### **BRAVE MINDS**

The team at brave minds were kind enough to send though a couple of flyers for activities they have set up weekly. For more information please feel free to visit their website at www.braveminds.net.au or contact them directly via email or phone.

Email: admin@braveminds.net.au Phone: 1800 975 000

#### **FISHING GROUP**

WHEN: Every Wednesday

WHERE: Winders Park,

139 Duringan Street,

Currumbin

TIME: 8:30am - 11:30am

# ARTS AND ACTIVITIES GROUP

WHEN: Every Thursday

**WHERE: Nerang** 

**Bi-Centennial Community** 

Centre

TIME: 9:30am - 11:30am

#### SOCIAL BBQ GROUP

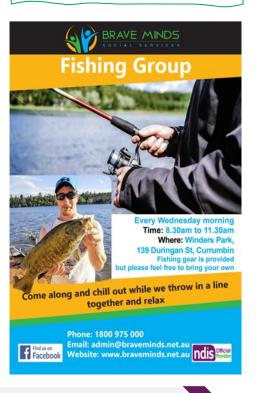
**WHEN: Every Friday** 

**WHERE: Cascade Gardens** 

2730 Gold Coast HWY

**Broadbeach** 

**TIME: 10am – 12 pm** 









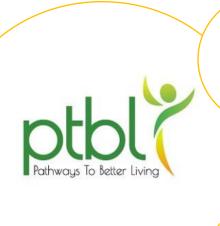
Website:

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### We recognize you!

### The amazing Support Team at PTBL.

You are what makes PTBL special — going those extra miles to provide supports to our valued clients.

PTBL would like to recognise each member of our amazing Support Team. This month we would love to introduce Debbie to everyone and say Thank You for all your support and hard work

# Upcoming events this month

With each upcoming event this month we have decided to include ways in which we can celebrate / contribute / learn and educate each other during each event.

More information will be posted to our social media pages about each event at they approach.

> 29<sup>th</sup> July -Crazy Hair Day



Debbie is a very patient and compassionate worker who likes to "create peace in life, with plenty of fun and laughter". She finds her role as a support worker to be quite rewarding as she has the opportunity to help others achieve their expectations and to enjoy life.

When she isn't working, Debbie loves to be outdoors and enjoying the simple things life. Her favourite activities are walking and having a picnic, however, she loves animals and watching the football.

If you would like to find out more about Debbie, please head over to our website to read her BIO or contact our office at 1300 702 845.