

## Monthly Newsletter – October 2021

### We recognize You!

To the amazing Support Team at PTBL. Thank you for giving your all during the recent restrictions, Stay at Home Orders and border closures.

You are what makes PTBL special - going that extra mile to support our valued participants!



### OCTOBER BIRTHDAYS

**Mick – 1<sup>st</sup> October**

**Sandra – 12<sup>th</sup> October**

**Ryley - 14<sup>th</sup> October**

**Drew – 8<sup>th</sup> October**

**Jonah- 13<sup>th</sup> October**

**Shelby – 16<sup>th</sup> October**

**Angela – 27<sup>th</sup> October**

**Toni - 9<sup>th</sup> October**

**Crystal – 13<sup>th</sup> October**

**Curtis – 25<sup>th</sup> October**



## Joke of the Month

How do you make a tissue dance?

Put a little boogie in it....

## Getting the most out of your NDIS plan.

Pathways is always looking at ways that we can ensure that you are getting the most out of your funding and achieving your goals. The most rewarding experience as a support worker is helping you work towards achieving your goals.

NDIS places its values around choice and control. It does this by letting YOU pick what goals you want to achieve so that you can build your capacity along your NDIS journey.

Once Pathways helps you to connect with your ISW of choice the next step in this process is creating a Support Plan in collaboration with You, your ISW and PTBL. We sit together and look over your plan and identify the goals within it.

**"EVERYONE'S  
DREAM  
CAN COME  
TRUE IF  
YOU JUST  
STICK TO IT  
AND  
WORK HARD."**

- SERENA WILLIAMS  
IT'S ALL YOURS.COM





So that it doesn't get overwhelming for everyone we bring to you and come up with a plan of action to get your Support Plan working for you. It helps your ISW and you to stay focused and give you a starting point. Next time you are with your supports why don't you ask them about your support plan. It's a great reference tool for you both to go back to and see how you are tracking.

Not sure if you are on target and want to review your plan with PTBL and your worker? Great we always love reviewing our plans with you and closing off goals or helping you identify ways to get through barriers you might be facing.

Lock in a time with your worker and PTBL team member to have a review of your plan to see where you are at and stay on track.

### [Let PTBL help you bring your goals to life!](#)

**Every month we will introduce you to one of our amazing Independent Support Workers.**

This month we present: **Jodie**

I am a 42 year old mother of 3 children. I live in the Tweed area with them and my partner.

I am in my element when outdoors – walking, swimming or just sitting on the beach watching the ocean. I enjoy being in “nature” and gardening is one of my favourite things.

I am very active and believe exercise is the key to happiness.

I love going to watch a movie, strolling through shops or sitting in a café and watching the world go by.

I live a healthy lifestyle and like to prepare healthy meals for my family.

I was a Beauty Therapist for 8 years and get great pleasure helping my clients to look and feel amazing!

I'm very caring, reliable and honest and have chosen to become a support worker so I can assist those with disabilities achieve their goals and live a life full of adventure and happiness.





We had our second successful Art class today. This week was all about Canvas painting.

Our next class will be Wednesday, 20th October 2021.

Time: 01:00- 03:00 PM

Place: PML office

For bookings please call: 1300 866 013      Everyone is welcome!

