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Monthly Newsletter – November 2021

In Loving Memory of Brinley Van Issum

15/12/1992 - 06/10/2021



It is with heavy hearts and great sadness we share the passing of beautiful, bubbly Brinley. Brinley and her mother Kayleen met with Katie and Emily early this year and we were honoured to be able to spend this time getting to know Brinley.

Brinley joined our groups and soon after Jess and Brinley connected and began their journey together. It is always hard to lose someone we love. Harder when they are starting their journey, and we have to say goodbye.

We would like to pay our respects to Brinley's amazing family, and to her friends whom have been left behind. You are in our prayers and thoughts.





Website:

Contact: 1300 702 845

Email: hello@ptbl.com.au



JOKE OF THE MONTH

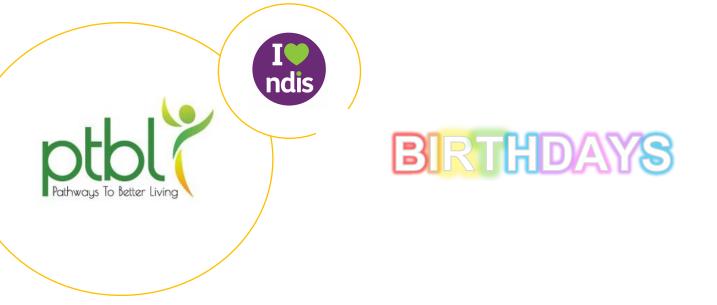
Why don't eggs tell each other jokes?

Go to page 3 for the answer



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We wish everyone who has an upcoming birthday this month a VERY Happy Birthday and we hope that you enjoy your special day!

9th November - Ryan

23rd November - Kobi

24th November - Daniela

29th November – Michelle



Answer: They crack each other up!





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Ongoing Covid – 19 Requirements

Please Note: We are constantly monitoring the Covid – 19 situations in both NSW and QLD and will be guided by the restrictions and advice provided by the relevant state authorities. If cancellation of supports is deemed necessary, we will advise you immediately.

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We are following Department of Health guidelines around infection control and request you do the same:

•wash your hands often with soap and water. This includes before and after eating and after going to the toilet using alcohol-based hand sanitisers when you can't use soap and water

•avoid touching your eyes, nose, and mouth

•clean and disinfect objects you often use such as mobile phones, keys, wallets, and work passes

•increase the amount of fresh air by opening windows or changing air conditioning

•No shaking hands, hugs, high fives, or unnecessary touch

•Maintain physical distancing, it is important everyone continues to stay 1.5 metres away from others wherever possible.

If you or anyone in your household are experiencing any of the following symptoms, please stay home:

- * Fever of 37.5C or more or a history suggestive of fever (night chills, sweats)
- * Cough, shortness of breath, sore throat
- * Loss of smell or loss of taste

* Headache, muscle pains, joint pain, runny nose, nausea, vomiting/diarrhoea, loss of appetite.

Please notify your doctor and refer to the Australian Health Department symptom checker if any of the above apply to you.

•Get tested and isolate until you receive a negative result.

We are ensuring team members remain at home if they are unwell and any necessary shift cancellations will be notified as soon as possible.

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Support Worker of The Month

We recognize you! The amazing Support Team at PTBL. Thank you for giving your all during the recent restrictions, Stay at home orders and border closures. You are what makes PTBL special – going those extra miles to provide supports to our valued clients.

PTBL would like to recognise each member of our amazing Support Team. This month we would love to introduce Michelle (**Mimi**) to everyone and say Thank You Mimi for all your support and hard work.



Michelle loves to assist and obtain the best outcomes for both participants and PTBL. She believes in getting to know participants better to be able to achieve their goals and dreams.

She loves a win/win situation and making others laugh and smile. She says that "there is nothing better than seeing someone smile".

She works tirelessly with participants whilst operating her own reiki business. When she isn't working, she loves being outdoors and around family and friends.

If you would like to find out more about Michelle, please head over to our website to be able to read her BIO or contact our office at 1300 702 845



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