

# Monthly Newsletter – May 2021

We have been very fortunate to recruit some wonderful Independent Support Workers to the Pathways team. We would like to introduce you to:



Guy



Helen



Rebecca



You can find out a bit about these people and others in our team of Independent Support Workers by visiting our website at: <u>www.ptbl.com.au</u> and selecting "Independent Workers"

You can also access this newsletter and previous 2021 editions by selecting "Latest PTBL News" at the top right of the home page.

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## **May Birthdays**

This month we wish a very Happy Birthday to: Janine (May 3rd), Kate S (May 11<sup>th</sup>), Jack (May 17<sup>th</sup>), Kristi (May 26<sup>th</sup>) from all of us at Pathways to Better Living-We hope you enjoy your special day!

#### Monday Madness - Group Activity **BBQ/Picnic Days** 11.30-1.30 BYO 03/05/21 **BBQ-** Currumbin Creek (Thrower Drive between the bridges) 10/05/21 Picnic - South side of Kingscliff Surf Club. 17/05/21 **BBQ** - Kennedy by boat ramp (opposite Scales) 24/05/21 Picnic - Tugun beach (South side of Surf Club) 31/05/21 Fish'n'chips (PKG's – Park on left before bridge to Seagulls) \* BYO food for BBQ or picnic lunch. Please call PTBL on 1300 702845 for further details \*\*Weather permitting.

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### Wednesday Night Dinner Group – Planned venues:



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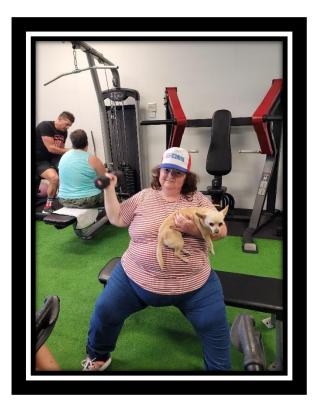
### **Friday Morning Coffee Groups – Planned venues:**



We are constantly monitoring the Covid-19 situation and will be guided by the restrictions and guidelines provided by the relevant state authorities. If cancellations of any group activities are deemed necessary we will advise you immediately.

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A few snapshots from April Personal Training Sessions, Dinner Groups & Bingo







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