

Monthly Newsletter – May 2021

We have been very fortunate to recruit some wonderful Independent Support Workers to the Pathways team.

We would like to introduce you to:

Bree



Guy



Helen



Rebecca



You can find out a bit about these people and others in our team of Independent Support Workers by visiting our website at:

www.ptbl.com.au and selecting "Independent Workers"

You can also access this newsletter and previous 2021 editions by selecting "Latest PTBL News" at the top right of the home page.

May Birthdays



**This month we wish a very Happy Birthday to:
Janine (May 3rd), Kate S (May 11th), Jack (May 17th), Kristi (May 26th)
from all of us at Pathways to Better Living-
We hope you enjoy your special day!**

Monday Madness - Group Activity BBQ/Picnic Days 11.30-1.30 BYO

- | | | |
|----------|---|---|
| 03/05/21 | - | BBQ- Currumbin Creek (Thrower Drive between the bridges) |
| 10/05/21 | - | Picnic - South side of Kingscliff Surf Club. |
| 17/05/21 | - | BBQ - Kennedy bv boat ramp (opposite Scales) |
| 24/05/21 | - | Picnic - Tugun beach (South side of Surf Club) |
| 31/05/21 | - | Fish'n'chips (PKG's – Park on left before bridge to Seagulls) |

* **BYO food for BBQ or picnic lunch.**

****Weather permitting.**

Please call PTBL on 1300 702845 for further details

Wednesday Night Dinner Group – Planned venues:

MENU

Wednesday Dinner Group •
5pm – 8pm

21st April Easy House Vegetarian –
Mermaid Beach (pay individually)

28th April Cardamom Pod
Broadbeach

5th May Oi Izakaya
Burleigh Heads

12th May JKF Woodfire Pizza
Tallebudgera

19th May Saiko
Robina – Cash Payment required

26th May Thai In-Fa
Cabarita – Cash Payment required

2nd June Cara Cara
Tugun

9th June Kathmandu
Kingscliff

16th June South Tweed Bowls Club
Tweed Heads South

23rd June Currumbin RSL
Currumbin



Friday Morning Coffee Groups – Planned venues:



We are constantly monitoring the Covid-19 situation and will be guided by the restrictions and guidelines provided by the relevant state authorities. If cancellations of any group activities are deemed necessary we will advise you immediately.

A few snapshots from April
Personal Training Sessions,
Dinner Groups & Bingo

